November 2024 Lunch Menu

TOMMY'S FOOD SERVICE @ School of the Incarnation

"Great Food for Great kids"

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	School Closed
4 Chicken Sandwich French Fries Mixed Vegetables	5 Breakfast for lunch Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	Pizza Day Pizza Day Better Ingredients. Better Pizza.	7 Early Dismissal No Lunch Service	8 Early Dismissal No Lunch Service
11 Hamburger / Cheeseburger French Fries Carrot Sticks	Cheese Ravioli in marinara sauce, meatballs and tossed salad	13 Breakfast for lunch Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	Pizza Day PAPA JOHIS Better Ingredients. Better Pizza.	Remote day for students No Lunch Service
Corn Dog / Chicken Nuggets Homemade Mac & Cheese Mixed Vegetables	19 Rotini in marinara sauce, meatballs and tossed salad 7 th grade field trip	20 Chicken Tenders Waffle Fries Mixed Vegetables	21 Breakfast for lunch Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	Pizza Day Pizza Day Better Ingredients. Better Pizza.
25 Breakfast for lunch Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples 10 am School Mass	Pizza Day PAJORS Better Ingredients. Better Pizza.	School Closed	School Closed Thanksgiving Day	School Closed

Combo lunch is \$6.50. It includes the entrée, sides listed and a choice of milk, juice or water. Hot dogs or grilled cheese plus the sides and drink (milk, juice or water) is also a combo lunch. See below for available daily items. The only exception is pizza day: hot dogs and chicken nuggets are not available. Nachos are available on Wednesdays. Ice cream is available on Tuesdays and Pizza days. We do not deep fry any food. Prices and menu are subject to change without notice.

<u>Tuesday</u>: Ice Cream <u>Wednesday</u>: Nachos <u>Thursday</u>: Cinnamon Buns <u>Friday</u>: Ice Cream

Available Daily		Available Daily		Extras When Available	
Hot dog	\$2.75	Cookies	\$1.25	French Fries	\$2.75
Grillled Cheese	\$2.75	Chips	\$1.25	Rice or Potato	\$2.75
Chicken Nuggets	\$3.75	Soft Pretzels or	\$1.50	Waffle/Curly Fries/Tater tots	\$2.95
Homemade Soup	\$2.75	Pretzel Logs or Bites	\$1.95	Buttered Noodles	\$2.75
Chicken Noodle or		Fruit (Apple or Orange)	\$1.50	Chicken Patty Sandwich	\$3.95
Tomato or		Fresh Fruit in a Cup	\$2.50	Chicken Tenders (3 pcs)	\$3.75
Vegetable		Yogurt (Yoplait)	\$1.75	Cheeseburger/Hamburger	\$3.95
		GoGurt Yogurt Tube	\$1.00	Corn dog	\$2.75
Salad/Sandwiches		String cheese	\$0.60	Meatballs (4 pcs)	\$2.50
Chicken, Tuna, Egg, Lg. Garden	\$4.75	Veggie (tossed salad,	\$2.00	Meatball Sub	\$4.00
Garden Salad	\$2.00	carrots or sliced cucumber		Pancakes (3)/French toast sticks (3-4)	\$3.50
Beverage		Pudding/Jell-o	\$2.00	Philly Cheesesteak	\$4.50
Milk or Juice	\$0.90	Tuesdays and Pizza Days ONLY		Pizza (1 slice)	\$2.85
Bottled Water	\$1.00	Ice cream cup	\$1.00	Mac and Cheese	\$3.95
Gatorade/Propel	\$1.75	Twister	\$1.75	Cheese Ravioli (7 pcs)	\$3.95
		Scooter Bar	\$1.50	Walking Taco	\$4.25
		Wednesdays ONLY		Fish sandwich	\$4.00
		Nachos, Chips and Cheese	\$2.75	Baked Potato W/Fixings	\$6.50

Please call us at the school cafeteria 410-519-2285 Ext. 2504 or E-mail us at lunch@schooloftheincarnation.org for any inquiries.

Nutritional Info