

**January 2025 Lunch Menu**  
**TOMMY'S FOOD SERVICE @ School of the Incarnation**  
**"Great Food for Great Kids"**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 <b>Breakfast for lunch</b> Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	3 <b>Pizza Day</b>  Better Ingredients. Better Pizza.
6 <b>Chicken Tenders</b> Potato Wedges Mixed Vegetables	7 <b>Rotini</b> in marinara sauce, meatballs and tossed salad	8 <b>Cheesburger/ Hamburger</b> French Fries Veggies	9 <b>Breakfast for lunch</b> Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	10 <b>Pizza Day</b>  Better Ingredients. Better Pizza.
13 <b>Corn Dog / Chicken Nuggets</b> Homemade Mac & Cheese Mixed Vegetables	14 <b>Cheese Ravioli</b> in marinara sauce, meatballs and tossed salad	15 <b>Chicken Fajitas</b> served on a flour tortilla with rice, black beans and corn	16 <b>Breakfast for lunch</b> Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	17 <b>Pizza Day</b>  Better Ingredients. Better Pizza.
20 <b>School Closed</b>	21 <b>Rigatoni</b> in marinara sauce, meatballs and tossed salad	22 <b>Baked Potato Bar</b> With Cheddar Cheese, Bacon Bits, Steamed Broccoli, Butter and Sour Cream	23 <b>Breakfast for lunch</b> Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	24 <b>Pizza Day</b>  Better Ingredients. Better Pizza.
27 <b>Chicken Sandwich</b> French Fries Carrot Sticks  <b>School Mass</b>	28 <b>Shells</b> in marinara sauce, meatballs and tossed salad	29 <b>Walking Taco,</b> Spanish Rice and Corn	30 <b>Breakfast for lunch</b> Pancakes or French Toast Sticks, Sausage, Tater Tots, Cinnamon Apples	31 <b>Pizza Day</b>  Better Ingredients. Better Pizza.

**Combo lunch** is \$6.50. It includes the entrée, sides listed and a choice of milk, juice or water. **Hot dogs or grilled cheese** plus the sides and drink (milk, juice or water) is also a combo lunch. **See below for available daily items. The only exception is pizza day:** hot dogs and chicken nuggets are not available. Nachos are available on Wednesdays. Ice cream is available on Tuesdays and Pizza days. We do not deep fry any food. **Prices and menu are subject to change without notice.**

**Tuesday: Ice Cream    Wednesday: Nachos    Thursday: Cinnamon Buns    Friday: Ice Cream**

Available Daily	Price	Available Daily	Price	Extras When Available	Price
Hot dog	\$2.75	Cookies	\$1.25	French Fries	\$2.75
Grilled Cheese	\$2.75	Chips	\$1.25	Rice or Potato	\$2.75
Chicken Nuggets	\$3.75	Soft Pretzels or	\$1.50	Waffle/Curly Fries/Tater tots	\$2.95
<b>Homemade Soup</b>	\$2.75	Pretzel Logs or Bites	\$1.95	Buttered Noodles	\$2.75
Chicken Noodle or		Fruit (Apple or Orange)	\$1.50	Chicken Patty Sandwich	\$3.95
Tomato or		Fresh Fruit in a Cup	\$2.50	Chicken Tenders (3 pcs)	\$3.75
Vegetable		Yogurt (Yoplait)	\$1.75	Cheesburger/Hamburger	\$3.95
		GoGurt Yogurt Tube	\$1.00	Corn dog	\$2.75
<b>Salad/Sandwiches</b>		String cheese	\$0.60	Meatballs (4 pcs)	\$2.50
Chicken, Tuna, Egg, Lg. Garden	\$4.75	Veggie (tossed salad,	\$2.00	Meatball Sub	\$4.00
Garden Salad	\$2.00	carrots or sliced cucumber		Pancakes (3)/French toast sticks (3-4)	\$3.50
<b>Beverage</b>		Pudding/Jell-o	\$2.00	Philly Cheesesteak	\$4.50
Milk or Juice	\$0.90	<b>Tuesdays and Pizza Days ONLY</b>		Pizza (1 slice)	\$2.85
Bottled Water	\$1.00	Ice cream cup	\$1.00	Mac and Cheese	\$3.95
Gatorade/Propel	\$1.75	Twister	\$1.75	Cheese Ravioli (7 pcs)	\$3.95
		Scooter Bar	\$1.50	Walking Taco	\$4.25
		<b>Wednesdays ONLY</b>		Fish sandwich	\$4.00
		Nachos, Chips and Cheese	\$2.75	Baked Potato W/Fixings	\$6.50

Please call us at the school cafeteria 410-519-2285 Ext. 2504 or E-mail us at [lunch@schooloftheincarnation.org](mailto:lunch@schooloftheincarnation.org) for any inquiries.

[Nutritional Info](#)

*Thank you, Tommy and Arianna*